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## Why I Walk: Taking a Step in the Right Direction

By Kevin Klinkenberg

New Society Publishers. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 8.4in. x 5.4in. x 0.6in. A recent survey shows that members of Gen Y are walking 37 percent more than a decade ago, biking 122 percent more and taking public transit 100 percent more. Still, the legacy of the car culture persists. Raised on the notion that driving equals freedom, too many of us just don't realize that a personally rewarding alternative even exists. Just over three years ago, author Kevin Klinkenberg moved to Savannah, Georgia, from Kansas City, Missouri. In large part, he chose his new home because he was seeking a truly walkable place to live. In *Why I Walk*, Kevin goes beyond the typical arguments against suburbia, showing how walking on a daily basis actively benefits: His finances His sense of personal freedom His social life His health The majority of us still cling to the belief that a house in the suburbs, with good schools, low crime, and easy parking is the American Dream. By focusing directly on the real, measurable advantages of choosing to be a pedestrian, *Why I Walk* makes a convincing case for ending our love affair with the automobile. This highly readable, first-person...



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